## Competency Demonstration Exercise: The STAR Technique

Select **TWO** of the competencies below and, using the STAR approach we discussed in lecture, develop a statement (based on your own experiences) which provides evidence that you meet this competency.

* Must be able to COMMUNICATE complex information to the end-users of their system.
* Must demonstrate a CREATIVE approach to PROBLEM-SOLVING.
* Must demonstrate a FLEXIBLE approach to managing the workload.
* Must be PERSUASIVE when presenting their solutions to clients.

**Competency 1 (chosen from the graduate trainee competency list)**

**Evidence for this competency**:

**Situation:**

**Task:**

**Action:**

**Result:**

**Written as a statement:**

**Competency 2: (chosen from the graduate trainee competency list)**

**Evidence for this competency**:

**Situation:**

**Task:**

**Action:**

**Result:**

**Written as a statement:**

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**END OF TUTORIAL SPECIFICATION**